

*"The Illuminator - Access to Universal Intelligence", as the critics say, leaves you with two types of feelings, **first a "feel good factor"** and the second, **it makes you think.***

The underlying message in the book is that you should not worry too much about things you can't control. Rather, focus your energy and time to work on things you can control, make your instincts stronger and allow Universal Intelligence to work for you.

The book has gone on to win two awards in 2012 - Finalist - National Indie Excellence Awards and Honorable Award - Reader's Favorite.

Enjoy Free Reading: The First 3 Chapters of "The Illuminator: Access to Universal Intelligence"

BY

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CHAPTER 1

Hide not your talents. They for use were made. What's a sundial in the shade?

— *Benjamin Franklin*

We can easily predict the pattern of life if we observe it closely. It starts with birth—perhaps in an affluent family, or in a middle class or even lower class family. Some will enter life below poverty line. The situation or circumstances will help us to start exploring our skills in various ways. The skills could be classified as either emotional or intellectual. Our reaction to any situation is typically repeated over time, since the mind likes to deploy those actions which have become habitual. When we come across any new situation in life, we typically rely upon the advice of our friends or parents, if we have not yet learned how to use our intuition.

To sum up the pattern of life, we grow, mature, and eventually fall into the day-to-day routine of working a job, marrying and having offspring, raising and supporting our children through their education and marriage, until we finally reach our peak age. Once there, most of us start wondering, *Did I live the life I wanted, or did I just become a slave to external situations? How many times have I experienced my true inner callings and followed them? Maybe god gave me a chance, but since I was so busily involved in finishing my life, I did not give any heed to my inner voice.* All these things will come to our minds once we reach our final life hurdle.

Instead of just rushing forward to finish the race of life, it is better for us to carefully reflect on our circumstances whenever we feel that nothing is moving ahead in the right direction. This may be the signal to change our course or try something new, or to change our usual way of thinking and try to learn how to stay connected with our inner power. By so doing, all our actions can be the result of divine grace, and there need be no residual guilt or depression or anger or anxiety. It is said that education helps give us two things: first, the technical knowledge we need to choose, and second the byproducts that follow our choices. However, the byproducts may include fear, jealousy, competitiveness, etc. Since we are not mature enough to fully understand these byproducts when we encounter them, we may become unduly affected by them and choose to ignore our opportunities to learn how to enjoy life by moving into a more creative plane.

Once we reach a stage of reflection, or at least a point of reflection, life may not remain the same. The past may still haunt us and will try to bring it back to the old plane by means of habits, fears, traditions, etc. However, there will also be a guidance power which will work with us in parallel until we master the skill of listening to our inner voice or intuition. During any given period, lots of thoughts run through the mind of a person. The only way to judge which thoughts correspond to intuition is by perceiving a sense of correctness or “truth” that one might call a “feel good factor.” If we respond to such feelings by putting those thoughts into action, we will never feel burdened. A meaningful focus will come automatically, and time will also be our companion. In short, we will start connecting with our true source.

We often blame fate if something goes wrong. It might involve the loss of a loved one, the loss of a job, or an accident resulting in an amputation or paralysis, etc. In all these setbacks, it may seem that there is some hidden agenda of nature. Prior to such setbacks, most of us revel in having numerous of friends, a reasonably good income, and many material things. Some of us will use these distractions to avoid that nagging feeling that we are not putting forth sufficient effort to leave our comfort zone, forgetting that we all are born with something we need to accomplish.

If God took the effort to create this world and universe, there must be some reason behind it. Parents, friends, and relatives are here for us, but since everyone is unique, each individual should strive to learn to know themselves better. Blows of fate will always take you inside yourself, urging you to connect with your true self. By our usual way of

thinking it can be extraordinarily difficult to recover from a profound loss. At this point, one may feel to let go of everything. However, this may also be when you learn the most about the great power to be found in letting go. Perhaps God wants you to become more natural, and to learn to enjoy doing things in connection with your intuition.

When you start listening to your intuition, you will feel like giving life a chance to take its own course. A different perspective starts to flow outward from within you. You work with a calm mind, never worrying about the consequences, and you find yourself becoming more natural. People will start seeking you out because of your display of natural calmness, creativity, and a “let me try” attitude. Humans are very intelligent and are readily able to identify the difference between someone behaving in a genuine or natural way, and someone who only fakes control over himself. Hence, the more you practice natural behavior the more you will attract other genuine people to yourself. If you persist in your efforts, you will eventually reach a stage where you easily stay in contact with your inner power. As you do, you will relinquish the need to control external things, including the need for external approval and the need to judge others. You will also start enjoying the puzzle of life, falling into it and observing nature’s hand helping you to put all the pieces into place, step by step, as you complete any given challenge. At this point, a new person starts taking shape. You will feel like giving more to life by becoming larger than life, and by continuous self improvement. This turning point in life is called “Access to Infinite Intelligence.”

Rule 1: Reflect on our circumstances whenever we feel that nothing is moving ahead in the right direction. This may be the signal to change our course or try something new, or to change our usual way of thinking and try to learn how to stay connected with our inner power.

CHAPTER 2

If you live an inspirational and purposeful life, most problems will manage to get solved by themselves.

Many times we may have seen a problem seemingly solved by itself, and perhaps even at a time that we had least expected it. It always brings happiness and gratitude to God for making this happen. You can call it a miracle or a coincidence, but a deeper understanding of natural laws will help you to recognize positive manifestations of these events in all areas of life.

The amount of energy we put into finishing a task is never wasted. The outcome of the energy will totally depend upon the kind of feelings we are carrying with us while performing the work. A feeling of fear, doubt, and stress will not give life a chance to show its miracles. As a result the outcome will turn out to be less than satisfactory or just average. Whereas, if any task is being carried out without being affected by the external environment, and is combined with even a small amount of inspiration, the outcome will be better.

There are instances where we become so engrossed in the work that there is utter calmness within ourselves at the time of executing our tasks. This happens most readily when we do what we are good at doing. There is never a worry about the outcome, as we are just thoroughly enjoying the work at hand. The energy which comes from us at this point fills the environment surrounding us with inspiration, and starts connecting us to the greater cosmic power. When our inner power connects with the universal cosmic power, miracles start to take place. To make miracles to happen, we should always try to attain the link between inner calmness and cosmic power. However, the link gets disconnected as soon as we start giving in to doubt, fear, stress, and lack of faith, etc. Sometimes prayer at these times of distress or anxiety can help us to reestablish our link, and we find that our prayers get answered.

The problem lies not only in believing, but in determining how to sustain our link for longer periods. Everyone knows about their “inner voice” or intuition, and many are aware of a cosmic power. However, most of us are so habituated to our old way of

thinking that when a new school of thought tries to enter our minds, we are not receptive to the opportunity. The best way to start is to just follow your inner calmness, and work with it for few hours until you become more connected to it. There would be lots of situations which could be handled with either your old school of thought or the new school of thought. There is no dearth of opportunity. Yet, we need to be aware and use it consciously until it becomes a habit. There is always a process to learning new things, and with the right perspective the fun increases when it is challenging. One of the challenges would be to trying to understand the energy which runs the universe. If our capacity for understanding is challenged, then we must raise ourselves to work with a higher consciousness to make the problem an opportunity for inner growth.

Sometimes God has to give us an ominous or life-threatening disease to draw us into living an inspirational and purposeful life. One such story goes like this:

A lady set up a cancer support group and also founded a non-governmental organization (NGO) that funded treatment for children. In addition, she took up the role of counselor and found deep fulfillment in these efforts. But all of these great achievements did not prevent her shock at the news, which came as suddenly as a bolt out of the blue, that she was suffering with cancer. This is the story of a woman who beat breast cancer, twice – first in 1998 and then again 2004. She was a devoted mother and an outstanding homemaker when she received her first breast cancer diagnosis in the year 1998. Along with undergoing chemotherapy and radiation, she was determined to live her life with humor and a positive attitude.

To this end, she went out to see movies, attended parties, joined in prayer sessions, and played card games. She created an inspirational life around her, and she eventually recovered. Even so, cancer struck her again, aggressively, in the year 2004. This time, she gave her life a new direction by setting up the NGO to fund the treatment for children, and also by serving as a counselor for the cancer-afflicted patients. In doing so, she felt that this fulfilled an inner calling.

Life is now working well for her because she feels she is a “conqueror,” and not just a “survivor.” Again, sometimes God has to give us an ominous disease to bring us to live an inspirational and purposeful life.

Rule 2: If any task is being carried out without being affected by the external environment, and is combined with even a small amount of inspiration, the outcome will be better. To make miracles happen, we should always try to attain the link between inner calmness and cosmic power. However, the link gets disconnected as soon as we start giving in to doubt, fear, stress, and lack of faith.

CHAPTER 3

Everything happens for a reason, and be in control.

Imagine a situation where you have nothing to do. Just think about it for a moment. How does it make you feel? Most of us find it very disconcerting. If the situation continued for more than a month, you would feel like a dead man walking the earth. Although thoughts and ideas would still come into your mind, there would not be any opportunity to act, as such. If this idle situation continued, it would not take you long to realize the value of work and a “make something happen” attitude. How could we ever develop ourselves if we had nothing to work on? The level of stress, pressure, tension, fear, jealousy or hatred that you feel in life gives an indication of the amount of inner strength you have (or have not) developed over the period of time you have been in this world. Experiencing it also gives you an opportunity to work on the areas you need to improve. That is why it is often said that life is a continuous learning process.

In the school of life, you are thrown into situations or circumstances to measure yourself. Don't expect to go to heaven by doing nothing. If you are born on earth, then you need to learn to make this place a heaven. Otherwise your Creator will not feel like making a place for you, when your time comes. Everyone undergoes some kind of emotional turbulence in life. This comes packaged with the experiences we all have when we are sent into this world. In due course of living, we all get hurt and experience distress when something unexpected happens. Only more awareness about yourself will help you to handle these situations effectively.

Further, how you react to these situations will depend upon your inner awareness or strength. The absence of pain means that you are moving in the right direction. If you are

experiencing pain, then some more understanding needs to be developed to remove the pain. Any fool can trigger a feeling of hatred or anger, or react negatively when something goes out of control. But only a sensible person will keep on developing his understanding to move to higher orbit of awareness. It is like recharging yourself whenever your battery becomes weak.

From the time you arrive in this world, to the time you leave, you are governed by lists of events which happen sequentially. It's like a chain reaction, where a reactive product or byproduct causes additional reactions to take place. Action taken on one event brings you to face the next action. By the time we understand the process, we reach our peak age and there is no energy left to explore it. Consequently, for the initial period, we need to live with the understanding that everything happens for a reason. This helps in removing ourselves out of depression and gives life a new meaning. It also offers least a temporary relief to work with until we garner enough strength to overcome our grief. After a few months we become used to above thinking, and we will automatically feel motivated to undertake tougher tasks as we gain greater control over our own thoughts. We are not here to waste time thinking over the past or future. We are here to learn how to enjoy doing what our intuitive judgment tells us is the right thing to do here and now.

As taught by Swami Sukhabodhananda:

“Be playful and flexible. If [we] need to work long hours...enjoy it, play with it.

Convert the workplace into a fun place with commitment. ... Without the ego, we experience a beautiful connectedness with everything else in the great chain of

being: with the birds, stars, sky and trees. ... It is this connectedness that is known as Nirvana. We have to trust the universe with its own ways of opening and closing windows of opportunity and doors to happiness and prosperity. ... Impatience is a result of lack of trust. We trust our ego and not the miracle of life. ... We have not learned to enjoy doing what our intuitive judgment tells us is the right thing to do.” (Swami Sukhabodhananda: “*Managing Life Creatively.*” *Times of India, November 12, 2010.*)

Rule 3: Any fool can trigger a feeling of hatred or anger, or react negatively when something goes out of control. But only a sensible person will keep on developing his understanding to move to a higher orbit of awareness.