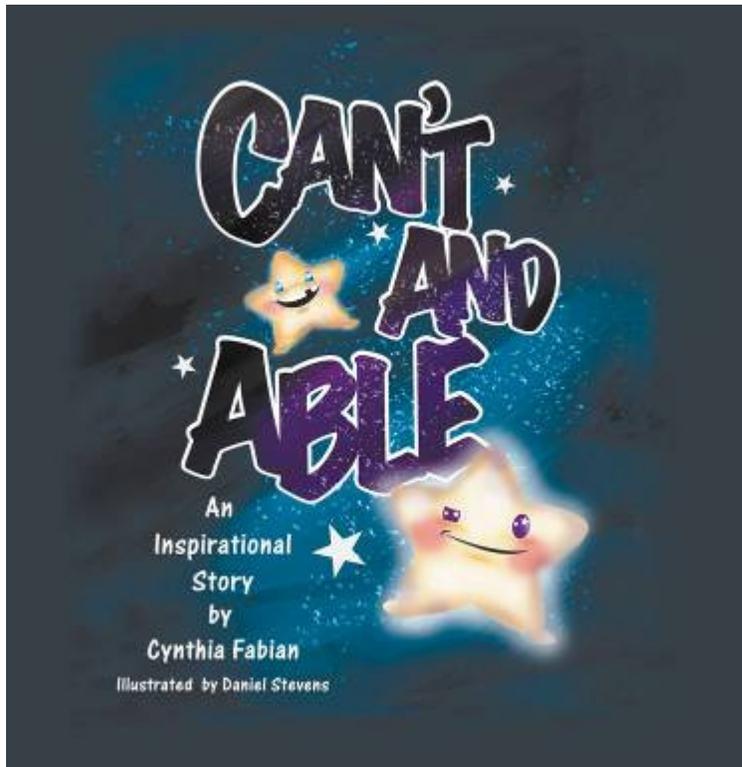


FOR IMMEDIATE RELEASE



‘Can’t’ Becomes ‘Can’ in This Star-Studded Children’s Book

Author Cynthia Fabian announces the release of her third children’s book, *Can’t and Able*. It’s a heart-warming tale based on the story of two stars, who as they grow older find tolerance and self-esteem.

Everyone is a star in this book, as *Can’t and Able* uses star metaphors to find characters all children can relate to. The main character, Can’t, is a star who is bullied because of his difficulty to shine like the other stars. He needs to find a way to develop his own self-esteem by believing in himself.

“Can’t is simply going through the growing pains of a star who is feeling very insecure in his circumstances,” Fabian says. But when he learns to believe in himself, life becomes happier and more beautiful for him.

Says the author, “I grew up with a disorder. I always felt like I could not shine, just like Can’t. When I became a teacher, I saw many children that were experiencing the same difficulties. They were teased and often felt smaller. This book is for all of you, struggling and not knowing how to change your circumstances. If you simply believe, you can change your own circumstances. Believe in yourself and you will see the wonders of change are in your power.”

The author donates \$1 from the sale of each book to charities that aid children and people in need. For more information, visit <http://www.fabianwriter.com>.

***CAN’T AND ABLE: AN INSPIRATIONAL STORY* (ISBN: 978-1-61204-327-2) is now available for \$12.50 and can be ordered through the publisher’s website: <http://sbpra.com/CynthiaFabian> or at www.amazon.com or www.barnesandnoble.com.**

WHOLESALE: This book is distributed by Ingram Books and other wholesale distributors. Contact your representative with the ISBN for purchase. Wholesale purchase for retailers, universities, libraries, and other organizations is also available through the publisher; please email bookorder@aeg-online-store.com.

About the Author: Originally from New York City, Cynthia Fabian now enjoys meditation and the quiet life in Somerset, New Jersey. She released her first book in 2009, *Those Sweet Nothings*, a collection of vignettes for adults depicting dates gone wrong. Since then, she turned to her first passion of children’s books,



expressing the theme of overcoming obstacles. Her other books include *Second Hand Art* and *Orchestra in Our Brain*.

About the Illustrator: Daniel Stevens is the illustrator for all of Fabian's books. He makes this amazing star-filled story come to life. He is a Pratt Institute graduate and a graphic designer of children's toys.

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